



In partnership with:



TCNJ THE COLLEGE OF NEW JERSEY

PARSIPPANY-TROY HILLS

Community Health Snapshot

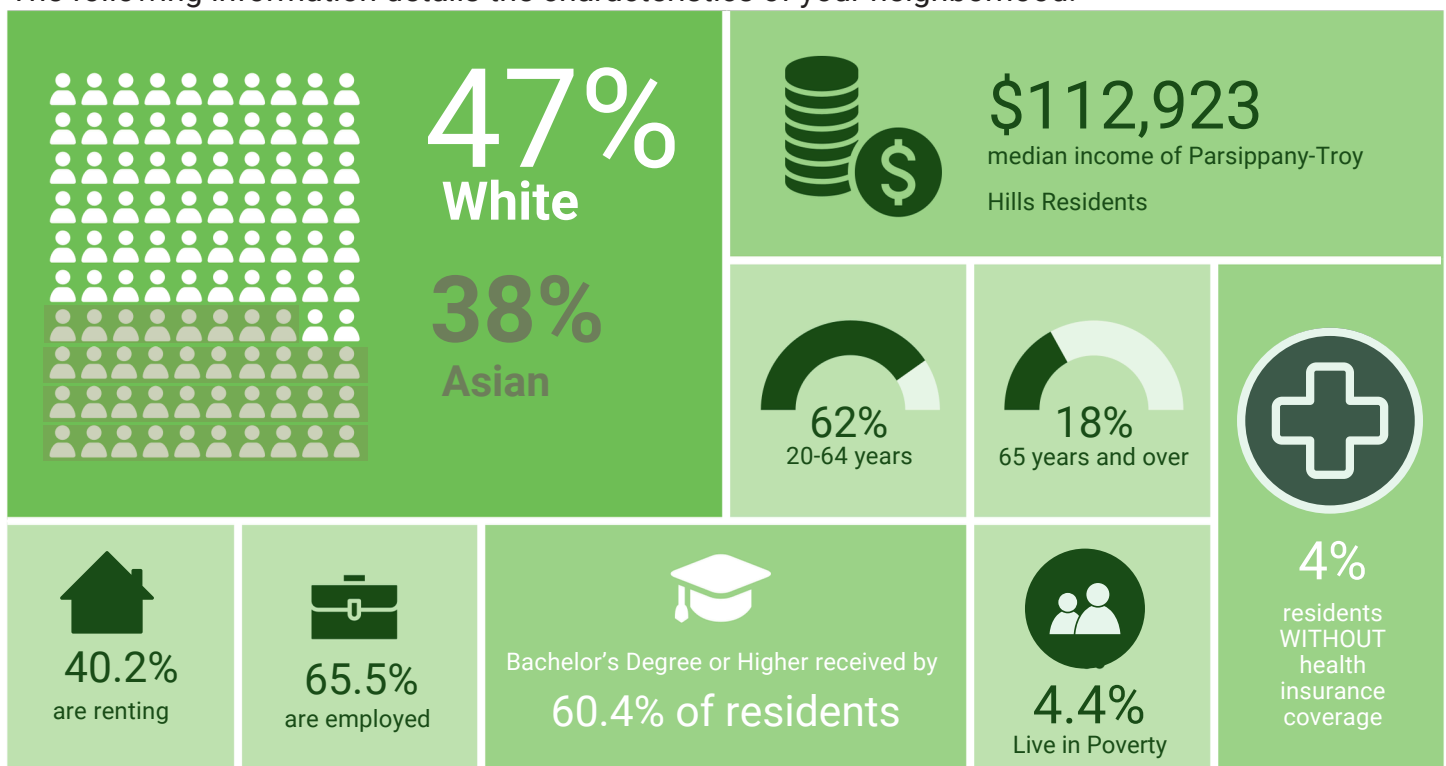
About this Assessment

A Community Health Assessment looks at local health information to find important problems, needs, and resources in an area. Hearing from community members is essential — it helps make sure the results reflect real experiences, priorities, and concerns. This information guides decisions and improves health services in ways that truly support the people who live in the community. This summary sheet highlights the Morris County Health Assessment input from residents in **Parsippany-Troy Hills**.

The full report can be found at <https://morriscountyhealth.com/cha-chip/>

About your neighbors...

The following information details the characteristics of your neighborhood.



Interested in more info about these findings? Visit <https://morriscountyhealth.com/cha-chip/>



Residents in your neighborhood said...

We surveyed 205 adult residents in your neighborhood for this assessment. They like Parsippany-Troy Hills, but they are concerned about the challenges the community faces with access to care, mental health, general wellness, and food insecurity.

Access to Care

1



18%

have a hard time getting an appointment with their doctor.

"Most of the (Medicaid) accepting doctors are very far away from Parsippany"



29%

have a hard time getting an appointment with a specialist.

Mental Health



40%

think Parsippany-Troy Hills does **NOT** have good access to mental health services and care.

2

General Wellness

3



"Parsippany is not walkable"



"I would love to see more public transportation."



44%

Exercise less than 100 minutes a week.

Food Insecurity



29%

said they eat 0-3 servings of fruits and vegetables during the week

4

What your neighbors want...

After hearing from your neighbors, here are some things that can help your neighborhood flourish:

- ✓ Increasing Public Transportation and sidewalks.
- ✓ Increasing access to Mental Health services and care.
- ✓ More healthy activities.
- ✓ Increased access to healthcare or a health center.